



Adaptive Nordic Skiing

**Thought you would never
cross-country ski or ski again?**

**Try Adaptive Nordic Skiing
It's for people with diverse abilities**



**and enjoy the beauty of Paradise Meadows
in all its winter glory!**



Vancouver Island Society for Adaptive Snowsports (VISAS)

**Offers free one-on-one and group instruction in cross-country skiing
for people with a wide-range of physical and cognitive challenges,
with the use of adapted equipment and trained volunteer instructors.**



**To book your Mount Washington cross-country ski experience or more info visit:
VISAS's Website • www.visasweb.ca • Snowline Booking**

VISAS Nordic Director: (Cathe) 250-897-0654 • VISAS Nordic Community Liaison: (Don) 250-334-4454